**Personal Development Plan**

*Brief Summary of achievements so far to be completed by trainee in advance of appraisal*

*Aims and objectives for the current post to be completed by educational supervisor in agreement with trainee at initial appraisal at each posting*

*PDP to be reviewed again at later appraisals to aid reflection on what has or has not been achieved in the post to date and aid completion of the ESR*

Date:

Trainee:

Educational Supervisor:

Clinical supervisors:

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** | **Achievement to date or since last ARCP** | **Aims and Objectives Expected this posting** | **When will I achieve this** |
| Log-book –  Surgery  Laser |  |  |  |
| Exams |  |  |  |
| WBAs |  |  |  |
| Study Leave/Courses |  |  |  |
| Presentations |  |  |  |
| Publications |  |  |  |
| Research projects |  |  |  |
| Audits |  |  |  |
| Teaching |  |  |  |
| Management development |  |  |  |

Additional comments:

**Signed:**Trainee: …………… …………………..…..……….…… Date:

Supervisor: ……..……….……..… Name: Date: